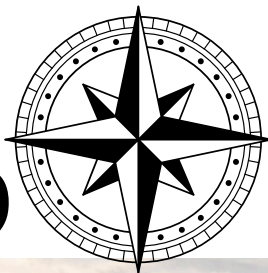


The HAMMOND COMPASS



A Letter From The Editor...

Did you know that August 8th is National Sneak a Zucchini Onto Your Neighbor's Porch Day? Yes, that's a real thing. I didn't believe it either until I fell down an internet rabbit hole of "August facts" and discovered that every day this month has its own celebration – or two or three. There's National Sunflower Day, National Wiggle Your Toes Day, Never Give Up Day, and National Senior Citizen's Day (Wait... is that me? Fantastic! I'd like cake please.).

Chase's Calendar of Events – the official encyclopedia of "named days" – lists multiple celebrations for every single date. You can even invent your own special day. Want Eat Peas With Your Knife Day? Go for it. Hammond Hula Hoop Day? Absolutely. Fill out a form, send it in, and – you could be part of history!

Some of these days even go global. Play Music on the Porch Day (the last Saturday of August) is celebrated around the world. Imagine it: people everywhere stepping outside, playing tunes, singing songs, and spreading happiness. (I'll be listening for you.)

If you could create a day, what would it be? I thought I'd apply for Carpe Diem Day, but it already exists – February 26th. According to National Day Archives, it's "not a call to be reckless. Instead, it means finding joy in the small things, showing love, and not putting off what matters." Actually, I could use a month of Carpe Diem Days!

Just an FYI - International Talk Like a Pirate Day is on September 19th. ARRG! Warm up your pirate voice at Bill Johnston's Pirate Days (August 14-16) in the Bay. It's the perfect place to practice your "Yo-ho-ho" without alarming the grocery store cashier.

Enjoy every day this August. And yes... I'll be watching for that zucchini.

Jamie Ipsen

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LOCAL EVENTS

AUGUST 2026

SUN	MON	TUES	WED	THURS	FRI	SAT
						1
2  YELLOW BARN CONCERT 5PM	3 Yoga @ Chippewa Bay Community Center 9-10am	4 QiGong@The Blue Goose Studio 9am	5 FARMERS MARKET 3 - 6pm HOPE MEETING 5pm VILLAGE BOARD MEETING 5pm	6 Chair Yoga@The Yellow Barn 8:30am	7 Yoga @ Chippewa Bay Community Center 9-10am	8  NATIONAL SNEAK SOME ZUCCHINI AUGUST 8 ONTO YOUR NEIGHBOR'S PORCH DAY THE OLD FARMER'S ALMANAC
9 Sturgeon Moon  YELLOW BARN CONCERT 5PM	10 Yoga @ Chippewa Bay Community Center 9-10am	11 Yoga@The Blue Goose Studio 9am	12 FARMERS MARKET 3 - 6pm TOWN BOARD MEETING 6:30pm Perseid Meteor Shower 10pm - dawn	13 QiGong@The Yellow Barn 8:30am	14 Yoga @ Chippewa Bay Community Center 9-10am Sunshine Quilters Quilt Show @ the Yellow Barn & Antique Quilt Show @ the Museum 10am-4pm	15
16	17 Yoga @ Chippewa Bay Community Center 9-10am	18 Yoga@The Blue Goose Studio 9am	19 FARMERS MARKET 3 - 6pm PLANNING BOARD MEETING 6:30pm	20 Chair Yoga@The Yellow Barn 8:30am	21 Yoga @ Chippewa Bay Community Center 9-10am	22
23  YELLOW BARN CONCERT 5PM	24 Yoga @ Chippewa Bay Community Center 9-10am	25 QiGong@The Blue Goose Studio 9am	26 FARMERS MARKET 3 - 6pm	27 QiGong@The Yellow Barn 8:30am FOOD PANTRY 9-11am FOOD SENSE - PICK UP 1pm	28 Yoga @ Chippewa Bay Community Center 9-10am	29  YELLOW BARN CONCERT 3PM
30	31					

HOPE NEWS



The Hammond Opens Possibilities for Everyone (aka, HOPE) Committee is seeking your input on how to continue improving our town. If you have a gmail account, scan the QR code below to participate in our online survey. If you do not have a gmail account, paper surveys will be available at the Town Hall and Wednesday Farmers Markets (at the pavillion). You can also print, fill out, and bring the survey on the next page to the Town Hall.

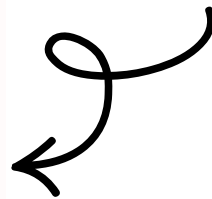
Thank you for your feedback!!

HAMMOND LONG-RANGE DEVELOPMENT SURVEY - ENDS 8/31

YOU STILL HAVE TIME TO MAKE YOUR VOTE COUNT!
PLEASE DO THIS IF YOU HAVEN'T ALREADY - THANK YOU!



SCAN HERE!



Help us, help you, and join the next meeting on
Wednesday, August 5th at 5pm
at the Town Hall
or call 315-324-5321 ext 11 for more information.

HAMMOND LONG-RANGE DEVELOPMENT SURVEY

The Hammond Opens Possibilities for Everyone (aka, HOPE) Committee is seeking your input on how to continue improving our town.

Significant steps have been taken over the last several years (e.g. new Town Hall, Hammond School upgrades, Hammond Museum improvements, Village pavilion). The Fire Hall, Highway Department Garage, and Hammond Museum have additional upgrades "in the works". Also, St. Lawrence County has agreed to assist with the demolition of the run-down building at 18 S Main St. Now we need your input to shape a longer range town development plan.

Please check one of the following:

- ☐ Full time Hammond Resident
- ☐ Seasonal Hammond Resident
- ☐ Frequent Visitor

Please check up to Six (6) items from the list below that you believe are the most important to make the Town of Hammond attractive to current/new residents as well as visitors:

- ☐ Restaurant or Diner
- ☐ Multipurpose Event/Arts Center (at former Opera House) - What would you love to see happen in this space? _____
- ☐ Gas Station
- ☐ Main St. Shopping, please specify ideas _____
- ☐ Main St. Parking
- ☐ Sidewalks extending to Hammond Central School
- ☐ Day Care Facility
- ☐ Health Care Center (Medical/Dental)
- ☐ Full-time Emergency Medical Technician (EMT) Services
- ☐ Housing, please specify type _____
- ☐ Code enforcement on vacant and poorly maintained properties

Additional sports venues are frequently mentioned as a plus. Please check up to Four (4) items from the list below you consider most important:

- ☐ ATV Trail
- ☐ Hiking Trails
- ☐ Tennis or Pickleball courts
- ☐ Children's Playground
- ☐ Ice skating at Pavilion
- ☐ Snowmobile Trail
- ☐ Indoor recreation center (soccer, basketball)
- ☐ Teen Center

Do you believe this survey omitted an important option? If so, please specify: _____

Thank you for participating. The HOPE Committee will share results with the Town Planning Board and through the Hammond Compass publication.

TOWN NEWS

From Your Town Supervisor

RON BERTRAM

A reminder to all Hammond residents: **building permits are required for most construction and renovation projects** within the town.

Our Code Enforcement Officer, **Lisa Thompson**, is available in person on **Monday and Saturday mornings**, and you may also leave a message at the town office at any time. She will return calls as soon as she is able.

Lisa is extremely knowledgeable about what types of work require permits, what actions are allowed, and our local zoning regulations. She is always willing to help residents understand the requirements before starting a project.

To avoid fines for non-compliance, we strongly encourage residents to contact Lisa before beginning any planned work.

From your Town Clerk

PAM BURTON

St. Lawrence County reported zero confirmed cases of rabies in 2025. However, in 2026 the county has already recorded eight confirmed cases, with the most recent occurring in mid-July. The eighth case involved a raccoon in the DeKalb area that tested positive for rabies.

Rabies remains a serious public health concern, and prevention is our best defense. We strongly encourage all residents to keep their pets up to date on rabies vaccinations. Vaccinated pets not only protect themselves, but also help safeguard families and the community as a whole.



St. Lawrence County FREE RABIES CLINIC SCHEDULE



ALL CLINICS REQUIRE
PRE-REGISTRATION

WALK-INS ARE
NOT ACCEPTED

Monday, April 27, 2026	5:30 pm - 6:30 pm	Hammond Town Barn 315-324-5321 ext. 11
Tuesday, May 5, 2026	6:00 pm - 8:00 pm	Waddington Town Barn 315-388-5629
Wednesday, May 6, 2026	5:00 pm - 7:00 pm	Ogdensburg Fire Department 315-393-3540
Thursday, May 7, 2026	5:00 pm - 7:00 pm	Macomb Highway Barn 315-578-2721
Thursday, May 7, 2026 NEW CLINIC	5:30 pm - 6:30 pm	Norwood Fire Department 315-854-4675
Wednesday, May 13, 2026	6:00 pm - 7:00 pm	Norfolk Dominic Zappia Arena 315-384-4821
Wednesday, May 13, 2026 NEW CLINIC	6:00 pm - 7:00 pm	Parishville Town Barn 315-265-2131
Wednesday, May 20, 2026	6:00 pm - 8:00 pm	Potsdam Town Barn 315-265-3430
Thursday, May 21, 2026	5:00 pm - 7:00 pm	Gouverneur Friends 4 Pound Paws Shelter 315-842-7297
Thursday, June 18, 2026	6:00 pm - 8:00 pm	Tri-Town Arena 315-740-0133
Thursday, June 11, 2026 NEW DATE	5:00 pm - 7:00 pm	Clifton Highway Department 315-848-3121
Thursday, July 9, 2026	5:00 pm - 7:00 pm	Gouverneur Town Barn 315-287-2340 ext. 101
Thursday, August 20, 2026	6:00 pm - 8:00 pm	Fowler Town Barn 315-287-0045 ext. 101
Tuesday, Sept. 8, 2026	6:00 pm - 8:00 pm	Waddington Highway Department 315-388-5629
Wednesday, Sept. 23, 2026 NEW DATE	5:30 pm - 7:00 pm	Massena Village Garage 315-769-5228 ext. 3
Wednesday, Oct. 7, 2026	5:00 pm - 7:00 pm	Ogdensburg Fire Department 315-393-3540
Sunday, Oct. 18, 2026	10:00 am - 12:00 pm	Canton Human Services Building 315-229-3456

PRE-REGISTER ON THE ST. LAWRENCE COUNTY PUBLIC HEALTH DEPARTMENT WEBPAGE OR FACEBOOK PAGE. LINKS TO REGISTER WILL BE POSTED **7 DAYS PRIOR** TO THE CLINIC. FOR ASSISTANCE WITH REGISTRATION, CONTACT THE HOST TOWN'S CLERK.



For Questions or Registration Confirmation
Call the Hosting Town Clerk or the St. Lawrence County
Public Health Department at 315-229-3456.



CLINICS ARE SUBJECT TO CHANGE

TOWN NEWS

TOWN RECREATION DEPARTMENT

BETH LACEY - DIRECTOR



Fall Soccer Volunteers Needed

We're looking for team sponsors for two of our three Fall Soccer teams and volunteer referees for games starting at the end of August.

If you'd like to support our players or help out on the field, we'd love to hear from you at

TownofHammondRecreation@gmail.com



Art Camp!

Jade's first Summer Art Camp is sold out, but here is another chance!

Sign up now @

<https://form.jotform.com/261577233781059>



HAMMOND FIRE & RESCUE

NATE WEIDEL

Hammond Fire & Rescue would like to thank the community for their support and making Field Day a success! The winner of the zero turn lawn mower was Brayson Ceresoli. The winning school band was Ogdensburg Free Academy and see below for the parade float results.

Events like Field Day take a huge team effort, and we're always looking for more hands to help. Our department is actively welcoming new volunteer members, whether or not you have any fire or medical background. We will always welcome new faces!

Anyone interested in joining can reach out to Chief Jon Bass or send us a message on Facebook.



THE WINNING FLOAT



If you didn't get enough chicken bbq - Brier Hill Fire Department's chicken bbq is on Sunday August 9th. You can reach out to Jill Aldrich for pre-orders at 315-528-3948.

HAMMOND SCHOOL NEWS



[CLICK HERE](#) for Fall
2026 GIRL'S Modified
and Varsity Soccer
Registration.



FARMERS' & ARTISANS' MARKET

Updates

BROOKE STARK

In spite of the crazy weather, we have enjoyed the first few weeks of the Market, seeing old friends and making new. Our “regulars” have returned to purchase some of their favorite items: produce, baked goods, cards and crafts of all kinds. This year we have three new vendors, Bobbi Simons selling beautifully crafted soaps and other items, Moreen Murphy with hand painted pictures, and just recently, Josh Toland is offering wooden signs and wall art. You can stop by and have a sign custom-made for your camp or home. If you haven't visited the Market yet, come join the fun! Every Wednesday from 3:00-6:00pm.

Vendor Spotlights

BROOKE STARK AND LORI THISTLE

ANN NORMAN

Ann has been at the FAAM for three seasons now, offering a wide variety of crocheted, knitted and quilted items, resin jewelry, buttons and miscellaneous crafts. Her table is a favorite with the children!

Ann began crocheting with her mother-in-law, and they first sold their crafts in Waddington around twenty years ago. She read about the Farmers' and Artisans' Market in the Ogdensburg Journal, and decided to join in to sell her work. Ann's son and daughter also craft unique items, including wooden buttons and bins full of lovely earrings. Aaron helps Ann at the table on Market days.

When asked about her experience at the Market, Ann says it's “the best!” The group of vendors and patrons feel like family every week.



FARMERS' & ARTISANS' MARKET

LINDA TYREE: RIVER VALLEY FARM

Linda has been with the Market since it opened under the pavilion a few years ago. She sells a range of whimsical items that include patriotic crafts, Christmas decorations, St. Lawrence River décor and switchcovers. Linda also often has some produce from her garden.

Years ago, Linda needed something to keep her occupied during her late husband's illness, so she began crafting. She tries to re-purpose everyday items and incorporate them into her crafts, as she is an advocate for the environment. Some things she has come up with on her own, and some ideas come from crafts she has seen elsewhere. She says crafting also helps with her arthritis!

In recent years, Linda reconnected with an old high school classmate, P.J. Cossimano, who was making specialty oils and vinegars. She tried them, and loved them so much she bought cases of them, and now sells them at the Market. They have been a big hit!

Linda loves the Hammond Market, where she has made friends with other vendors and has met new people; it gives her something to do as well as earning a little spending money.



DAWN WALKER: BACK ROAD STUDIO

If you've been to the Market, you've probably heard Dawn's wind chimes in the background. Dawn sells them along with jewelry and other crafts, but mostly her beautiful paintings of birds and nature.

Dawn always liked art, even as a child, and her high school class named her "most talented." Though she was unable to attend art school, she stayed with her artwork and self-taught the skills she uses today. It certainly paid off, as one of her paintings was

accepted into the Thousand Islands Art Center in Clayton this summer, making her fellow vendors and managers proud!

Of the Hammond Market, Dawn says she especially loves the camaraderie she finds among vendors and customers. She likes the convenience of the pavilion, and the shorter hours the Market offers. All in all, it's been a good experience for Dawn, so do stop by her table and say hello.

HAMMOND HISTORICAL MUSEUM

HAMMOND HISTORIAN HIGHLIGHTS DONNA DEMICK

Hammond Museum hosted our 8th annual **Scottish festival** on July 11th with about 1100 in attendance. What a beautiful day we had! It could not have been so successful without the careful planning and work for months by our great festival committee, many sponsors who helped pay for expenses, and dozens of volunteers who helped throughout the day. Thank you all!!

Aug. 14 & 15, 10-5: **Antique Quilt Show** (This will coincide with The Sunshine Quilters Show at the Iva Smith Gallery.) If you have any antique quilts that you would like to loan so we can add them to our display, please bring them to Hammond Museum by August 5th, 12 noon.



Town of Hammond Bicentennial in 2027

In 2027, the Town of Hammond will celebrate its 200th anniversary! We are looking for interested and enthusiastic committee members to join us in the planning. We hope to host several events during the year with our biggest focus in July. This will include the Scottish festival on July 10th, events throughout the week following, and ending with Firemen's Field Day or a community picnic on Sunday after church.

Although a few interested people have already put forth some great ideas, we'd like to begin serious planning next month. Possible committees might be: *Overall Bicentennial Committee, *History Talks & Recordings, *Bus Tours (i.e. stone houses & one-room school houses), *Entertainment, *Field Day Parade, or *Community Picnic.

We encourage representatives from local organizations to become involved, as well as interested individuals. Let's work together to celebrate Hammond's past and create a Bicentennial everyone will remember!

Message the HOPE FaceBook page or email hammondnyhope@gmail.com, message Donna at 315-528-4742, or email hammondhistorian@gmail.com.

HAMMOND CHURCHES

Summer Opportunity For Kids!



Vacation Bible School
August 10-14, 9-11 AM
For K – 6th Grade
First Congregational Church
 (541 Sand St., Hammond, NY)



Join us for historical lessons on America's founding, music, crafts, snacks & games!

Register by texting or calling 315-528-4742

Closing Program Friday Aug. 14, 6:00 PM
BBQ following for all!!

(Program is from Creation Truth Foundation)

HAMMOND AREA CHURCHES

First Congregational Church

541 Sand St

Service 10:00am

St Peter's Roman Catholic Church

47 S Main St

Service 9:30am

Hammond Presbyterian Church

215 St Lawrence Ave

Service 10:30a-11:30a followed by Fellowship & Coffee Hour
 also <http://www.youtube.com/@HammondPresbyterianChurch>

ARTS & MUSIC

The Iva Smith Gallery – The Yellow Barn

Yellow Barn Upcoming Concerts - August

NORTHERN BLEND CHORUS

SUNDAY, AUGUST 2, 2026 at 5 PM

Enjoy a good, old-fashioned *ice cream social* to benefit the HAMMOND AREA FOOD PANTRY! Admission is a food pantry donation in cash or dry goods equivalent to our normal concert fee of \$15! *Fun Raffles* at this event as well!



THE IRREPRESSIBLE JOY OF FIDDLERS THREE!

SUNDAY, AUGUST 9, 2026 at 5 PM

Featuring Kathy Sommer, Ellen Carlson, Melissa Brandon-Caron



DEEP ROOTS. FRESH TUNES.

SUNDAY, AUGUST 23, 2026 at 5 PM

Fiddler Gretchen Koehler and multi-instrumentalist Jeremy Rusu join forces in a sound shaped by tradition, rhythm, and imagination.



INFECTIOUS RHYTHMS OF KAMBUYU MARIMBA!

SATURDAY, AUGUST 29, 2026 AT 3 PM

Dance in your seat, in your heart, or get up and move to the happy sounds of 7 marimbas!



ARTS & MUSIC



Bella Brooke WINERY

AUGUST Music Lineup

8/2	MUSIC FEST 🎵
12-2PM	BILL BURK
2-5PM	JVD COUNTRY BAND
8/5	JOE BATTLES 🎸
6-8:30PM	
8/7	JAYNIE TRUDELL 🎤
5-8PM	
8/9	SMALL TOWN DREAMERS 🎸
2-5PM	
8/12	JOE BATTLES 🎸
6-8:30PM	
8/19	JOE BATTLES 🎸
6-8:30PM	
8/23	MARGARITA MIKE & THE COCONUTZ 🌴
2-5PM	
8/26	JOE BATTLES 🎸
(Last Night for Summer!)	
6-8:30PM	

FOOD TRUCKS
CRAFT VENDORS
WINE • BEER
FUN FOR ALL!

*Live Music
Great Wine
Good Times!*

2989 COUNTY ROUTE 6 • HAMMOND, NY 📍

"What if for one day everything stopped...
And we all just listened to the music?"



PLAY MUSIC ON THE PORCH DAY
PLAY FOR PEACE
WORLDWIDE • AUGUST 29 • 2026

Play Music on The Porch Day is a worldwide grassroots event where musicians and music lovers step outside to play and sing together, celebrating the universal power of music to make the world a more peaceful place.

REGISTER AT
PLAYMUSICONTHEPORCHDAY.COM

Join Us!

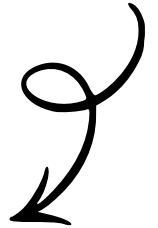
**COME SING WITH THE
HUGS EACH
WEDNESDAY FROM
4:30 - 5:30PM AT THE
FARMERS MARKET**



ARTS & MUSIC



**WIN
THIS
QUILT!!**



2026 LANTERN PARADE

PAM WINCHESTER

You are invited to participate in or attend the 2026 Hammond Lantern Parade, Saturday October 10, with a rain date of Sunday October 11 at 7pm. The theme of this year's lantern parade is "A Treasure Hunt- Remembering Things We Love," and it is in memory of Lisa Sarfaty and her commitment to community. As you might remember, Lisa orchestrated the first ever lantern parade at Oak Point, followed the next year by a second parade in which she participated (see video link below). The 2026 lantern parade will be at the Hammond Central School and involve all of Hammond.

Thanks to the Statewide Community Grants Program, Lisa's dream of a Lantern Parade in the village of Hammond has come to fruition.

Let's remember the creativity and fun that Lisa's projects have given us and share that joy with others. To get involved and find out how to participate, please call Pam Winchester at 315 590-2740, visit the Blue Goose Studio on Mondays from 10-4 or email pamwinchester236@gmail.com.

YOU can participate in several ways:

- * Make a lantern
- * Carry a lantern in the parade
- * Drum in the parade
- * Create luminarias for the parade
- * Help set up
- * Help take down
- * Help line up children and community
- * Help with parking
- * Help at community dinner to be held in Hammond
- * Come and enjoy the parade!

LANTERN & LUMINARIA WORKSHOPS

AUGUST 3, 10, 17 & 31

10AM TO 4PM

@ THE BLUE GOOSE STUDIO - TRIANGLE ROAD

[HERE IS A LINK TO ONE OF THE 2021 OAK POINT LANTERN PARADE VIDEOS](#)

HEALTH & FITNESS

The Wellness Thread

RUTH WIDRIG



The First Harvest: Honoring Hammond's Scottish Roots

August carries an ancient rhythm – one our bodies recognize even if our calendars don't. In Celtic tradition, this time of year is Lughnasadh (pronounced LOOnahsah), the first harvest: a celebration of ripening, gratitude, and the quiet shift from high summer toward the steadier pace of fall. Lughnasadh celebrates Lugh, the bright god of artistry and skill. It's a reminder that your creativity, your teaching, your healing, your community work – all of it is part of the harvest.

You can feel it here in Hammond, too. In the way the fields lean heavy with grain. In the warm hush of late evenings. In the subtle turning of the light. In the sense that something is completing itself, even as something new begins. It marks the midpoint between the summer solstice and the autumn equinox, a threshold moment when the light is still strong, but the year begins its slow turn toward ripening and release.

The first harvest isn't about endings. It's about gathering what has grown – in the land, in our work, in our hearts – and recognizing that every season hands us new opportunities. This is the moment to acknowledge the fruits of your effort – the projects tended, the relationships strengthened, the inner growth that happened quietly.

As summer begins to slip, we naturally prepare for the return of rhythm: school, schedules, routines. The first harvest helps us cross that threshold gently. August marks the first subtle shift toward shorter days. Not an ending – a soft pivot. A time to prepare gently for the inward season ahead. Harvest is never solitary. It's shared food, shared effort, shared stories – the heartbeat of small towns like Hammond.

Simple, meaningful First-Harvest Rituals

These are simple, accessible, and meaningful – perfect for families, elders, newcomers, and anyone who wants to honor the season without needing special tools or traditions.

Baking bread

Lammas (from "LoafMass") is the breadblessing festival. People baked the first loaf of the season and offered it in gratitude. Bake or buy a simple bread – cornbread, oat bread, or a local loaf. Share it with someone: a neighbor, a friend, a family member. Say one sentence of gratitude for what has ripened in your life. *(continued next page)*

First Fruits Table

Set a small bowl on your counter with seasonal foods: blueberries, corn, tomatoes, peaches. Each time you pass it, pause for one breath and acknowledge something that has come to fruition for you this summer.

HEALTH & FITNESS

Peach Skin Tea:

Simmer peach skins with a little honey and mint. A fragrant, late summer tea that tastes like sunlight.

Tomato “Sips”:

Blend tomatoes with basil, lemon, and a pinch of salt. A hydrating, mineral-rich tonic – nature’s electrolyte drink.

Blueberry Freezer Bark:

Mix yogurt, blueberries, and a drizzle of maple. Freeze and break into pieces – a cooling, joyful August treat.

Golden Hour Gathering:

Choose one evening. Meet on a porch, at the river, or in the backyard. Sit together during golden hour – no agenda, no rush. Let the light mark the transition into the next season.

Making Corn Dollies or Wheat Weavings

These small woven figures were made from the first or last sheaf of grain. They symbolized protection, abundance, and continuity. A modern version: weave grasses, herbs, or even strips of fabric into a small talisman.

[Wheat Weaving: How to Make a Corn Dolly – Curriculum Matrix | National Agriculture in the Classroom](#)

Community Basket

Place one item in a basket to donate – canned food, school supplies, and a handmade item. This honors the ancient practice of sharing abundance with the community.

August is not an ending. It’s a threshold – a moment to gather what’s grown and prepare gently for what’s next. Cooler air, earlier nights, and steadier schedules help the body settle. This is the season of grounding, recalibrating, and coming home to yourself. Summer scatters your energy outward – travel, gatherings, sunlight, motion. Fall gathers it inward. This is when ideas ripen, projects take shape, and inspiration becomes tangible. Fall brings people back together – classrooms, studios, circles, routines. It’s a season of shared purpose, shared rhythm, shared warmth. The barefoot ease. The slower mornings. The softness in your breath. You don’t lose these when summer ends – you weave them into the next chapter.

A Closing Blessing for Hammond

May this first harvest meet you gently. May you gather what has grown in your life with open hands. May you feel the quiet pride of your own becoming. And may the season ahead bring steadiness, creativity, and a deeper sense of belonging – to yourself, to your work, and to this community we call home.



HEALTH & FITNESS

Shape Up!

BROOKE STARKE

Summer is here in all its glory, and it's a great time to get outdoors and move around. There are many hiking and biking trails in the area that have beautiful views and will take you back to nature. Visit <https://www.visithammondny.com/biking--hiking-trails.html> for more information. You can also walk around the Hammond School's one mile path for a quick outing. Remember, whatever outdoor activity you choose, stay well hydrated! Yoga classes at The Old Town Hall on Wednesday evenings with Bridget Gardner Gordinier have been discontinued, though other yoga classes with Ruth Widrig and Christine Tisa are still going on this summer. Low impact Zumba with Mary Prinz continues Mondays and Thursdays at 4:30-5:30 pm at the Brier Hill Fire Hall. If you know of any other programs available in the Hammond area, let us know!

Zumba in Brier Hill - Mondays and Thursdays at 4:30pm. Mary Prinz will be instructing, and fee is \$5 per class. Come join us!

Yoga at the Chippewa Bay Community Center with Christine Tisa

Classes will be offered Monday and Friday from 9:00-10:00 am beginning June 1, and ending September 28. The Community Center is located at 1172 Main Street in Chippewa Bay, next door to the Post Office. The fee per class is \$10.00. Christine teaches all levels and exercises with modifications. She says she really appreciates the Community Center as "a rustic, quaint space to stretch and to grow a community."

Ruth Widrig Yoga at the Blue Goose Studio + Qigong 8/4 & 8/25*

Ruth's class is suitable for all levels and is a donation based, self determined offering. Begins June 16 at 9am and will run every Tuesday until mid October. Bring a mat and a water bottle.

Chair Yoga with Ruth + Qigong 8/13 & 8/27**

Gentle stretches, increase flexibility, reduce stress. Begins Thursdays June 18, 8:30am at the Iva Smith Memorial Gallery, 627 State Highway 37, Hammond (aka The Yellow Barn) This class is also donation based.

****** According to the National Center for Complementary & Integrative Health, Qigong is an ancient Chinese mind-body practice that uses gentle movements, deep breathing, and focused meditation to cultivate and balance life energy, known as *qi*. The practice focuses on three key components: posture regulation, breath control, and mental focus.

GROUPS & CLUBS

GARDEN CLUB - NANCY MISENKO



The Hammond Area Garden Club has added a new informational sign about pollinators at Pavilion Park. We invite everyone to enjoy the park this summer—bring a picnic, relax in the fresh air, and take in the beautiful garden flowers. Wednesday afternoons are an especially great time to visit, when you can also pick up fresh produce, homemade bread, greeting cards, and lovely handcrafted items at the Farmers Market.

LET'S GET LIT - BOOK CLUB

BETH LACEY

Our group meets monthly to discuss books, life, and participate in fun activities.

New members are always welcome! For updates and event locations, please join our Facebook group: <https://www.facebook.com/share/g/1Hxdvhgkkw>.

Next meeting is August 4th - the book is "Rules For the Summer" by Meghan Quinn.

HUMOR & FUN

DOG DAYS OF SUMMER

Find the hidden pictures



Share your kid's colorful creations with [#MyHighlightsKid](#) for the chance to be featured on our Social Media!

BRINGS BACK MEMORIES!

RECIPES

Mom's Fresh Vegetable Casserole

BETTY BIGGS

INGREDIENTS:

- 2 cup broccoli florets
- 1 ½ cup sliced carrots
- 1 cup mayo
- 1 cup shredded cheddar
- ¼ tsp pepper
- ¼ cup white wine
- 1 ½ cup sliced zucchini
- 1 cup diced celery
- ½ cup diced onion
- 1 tbsp minced fresh basil
- 1 tbsp minced fresh parsley
- 3 tbsp butter
- 12 saltines or Ritz crackers crushed
- ½ cup grated parmesan cheese

INSTRUCTIONS:

Steam broccoli and carrots until crisp, drain and set aside.

In a large bowl mix mayo, cheddar cheese, pepper, and wine.

Add broccoli, carrots, remaining veggies, basil & parsley.

Stir gently. Spoon into a greased 2qt baking dish.

Melt butter in a small pan. Remove from heat. Stir in crushed crackers and Parmesan cheese. Sprinkle over veggies.

Bake uncovered in a 350 oven for 30-40 min. Serves 6-8.



SUMMER'S NOT OVER YET LEMONADE

For one pitcher of lemonade:

9 lemons squeezed to 1 ¾ c lemon juice

1 pitcher of water

2 ¼ c sugar

Stir until all the sugar is dissolved.

John MacDonald

NEED HELP WITH AN ABUNDANCE OF ZUCCHINI ?
[THESE RECIPES](#) LOOK AMAZING!!

RIVER NEWS



2026 BOAT AMERICA CLASS SCHEDULE

NOTE CHANGE OF SCHEDULE!!!

- 8/19 & 20 Black Lake Fish and Game Club 5 - 9pm 1 Gilmour Rd Ogdensburg
- 9/15 & 17 Ogdensburg Vol Rescue Squad 5 - 9pm 1223 Pickering St

Tuition is **\$35.00** per person with family, student scholarships and group rates available.

Preregistration is required.

To register, email **cgauxogdensburg@gmail.com**.

For information about additional classes, call **315-605-8041**.

Singer Castle



Tours are offered June 14 thru September 7 (see [additional days](#)).

Open 9:45am – 3:30pm last tour.

Uncle Sam Boat Tours depart Alexandria Bay at 9:45 a.m. and 1:30 p.m. Reservations for the Uncle Sam Boat Tours from Alexandria Bay can be made at www.usboattours.com. Call 315-482-2611 with any additional questions and to confirm the schedule.

The shuttle service from **Schermerhorn Harbor** to Singer Castle operates from June 17 through August 29, 2026, Wednesday through Saturday only. Departure times are 10:30am, 11:30AM, 12:30pm & 1:30pm, 2:30pm. No shuttle service is available on Sundays, Mondays, or Tuesdays.

Private Boaters are welcome. There is over 400' of dock for your use and a dock attendant to assist you. Larger boats should call 315-486-3275 ahead to ensure that docking space is available.

NEARBY



Ahoy and Yo-ho-ho! Fun mischief afoot!
Alexandria Bay - August 14 - 16

Bill Johnston's
PIRATE DAYS
2026
SCHEDULE OF EVENTS

AUGUST 14
FRIDAY

10AM - 4PM
Build A Pirate Buddy
Build A Buddy Bldg
Mermaid and Pirate Slime Bar

12PM - 3PM
Merry Mischief Band
Old Homestead

1PM & 3PM
Paul Jackman Magic
Village Docks

2PM
New York Zoo
Animal Talk
Chamber Building

8PM - 10PM
Block Dance
(Mother Cover)
Village Docks Stage

AUGUST 15
SATURDAY

ALL DAY
Brockville Encampment
Casino Island

ALL DAY
St Lawrence Privateers
Pirate Krew
Old Chamber Bldg

ALL DAY
Mermaid and Pirate Slime Bar
Build A Buddy Bldg

9AM - 4PM
Phoenix Photo Picture Booth
Pavilion

9AM - 3PM
Reptiles Exhibit (Pavillion)
Pavilion

9AM - 4PM
Face Painting (Pavillion)
Pavilion

10AM - 4PM
Build A Pirate Buddy
Build A Buddy Bldg
Mermaid and Pirate Slime Bar

10AM
Pirate Story w Abay Library
Old Chamber Bldg

11AM
Brockville Infantry
Children's Demo
Casino Island

1PM
Invasion
Scenic Park Dock

2PM
Children's Parade
Leave from Pavilion

2PM - 6:30PM
Pirate Palooza
T1 Winery

3PM - 5PM
Fair Jeanne Tour
Scenic Park Dock

3PM
Mermaid & Pirate crafts
Chamber Building

3PM
New York Zoo Animal Talk
Chamber Building

8PM - 10PM
Block Dance 2 (Gridlock)
Village Dock Stage

AUGUST 16
SUNDAY

11AM
Brockville Infantry
Drill
Village Docks

12PM
Grand Parade
down
Walton/Church/James

ALL DAY
Mermaid and
Pirate Slime Bar
Build A Buddy Bldg

**FOLLOWING
PARADE**
Original Yanks
Presentation
corner of
James and Market St

**PIRATE KEVIN
& HIS SIDE KICK KILO**
will be out and about
town all weekend.
Stop in for a visit and
picture with Abay's
Famous Parrot Pirate.

"A PIRATES TRAIL"
SELF GUIDED RIVER WALK
with information stations.
Start Cornwall Museum Building.

JOIN THE CREW!

AHOY MATEYS!
THREE DAYS OF
PIRATE FUN, MUSIC,
ADVENTURE & MEMORIES
FOR THE WHOLE CREW!

LOCAL BUSINESSES



The **Amish Shed Express** is a Hammond-based shed delivery business specializing in shed sales and on-site yard moves. Our mule trailer can handle sheds from 12 to 44 feet, and allows us to navigate tight backyards and hard-to-reach areas. We work with Amish builders in LaFargeville, Hammond, Heuvelton, and other New York communities, and we deliver throughout New York and into the New England states.



Chippewa Store
315-324-5851



**IF YOU WOULD LIKE YOUR BUSINESS INFORMATION TO
APPEAR ON THIS PAGE, PLEASE EMAIL
HAMMONDCOMPASS@GMAIL.COM**